

SPEEDOMEETING 2026: Session: 3: COACH evaluation sheet for TEAM: OZEKA

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Devriese Boris

Coaches: Wielfaert Wout

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:1, starttime: 14:15
Heat: 1/24 Lane : 3 Athlete: DE KETELAERE FEBE					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:1, starttime: 14:15
Heat: 1/24 Lane : 4 Athlete: VAN HOEY TESS					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:12, starttime: 15:00
Heat: 12/24 Lane : 4 Athlete: CARLIER ALICE					Q-time: 03:01:20
PB (50m pool): 03:01.20 Gent 08/02/2026 PB (25m pool): 02:52.60 SB: 03:01.20 Gent 08/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.20	01:26.36	02:21.00	03:01.20	
	00:40.20	00:46.16	00:54.64	00:40.20	
					

Coach feedback:

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Event number: 15: 200M MEDLEY WOMEN 11+					Heat:12, starttime: 15:00
Heat: 12/24 Lane : 8 Athlete: VAN LIERDE ROOS					Q-time: 03:03:85
PB (50m pool): 03:03.85 Lochristi 01/02/2026					PB (25m pool): 02:56.43 SB: 03:03.85 Lochristi 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:03.85	
	no time				
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:19, starttime: 15:25
Heat: 19/24 Lane : 3 Athlete: STERKEN NINA					Q-time: 02:45:10
PB (50m pool): 02:42.64 Gent (Rozebroeken) 03/03/2024					PB (25m pool): 02:37.25 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:42.64	
	no time				
					

Coach feedback:

Event number: 17: 400M FREESTYLE MEN 11+						Heat:2, starttime: 16:10		
Heat: 2/10 Lane : 9 Athlete: VAN NIEUWENHUYZE LUKAS						Q-time: 05:34:12		
PB (50m pool): 05:34.12 Gent 08/02/2026						PB (25m pool): 06:34.09 SB: 05:34.12 Gent 08/02/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:36.17	01:18.01	02:01.54	02:45.22	03:27.80	04:11.00	04:53.68	05:34.12
	00:36.17	00:41.84	00:43.53	00:43.68	00:42.58	00:43.20	00:42.68	00:40.44
								

Coach feedback:

Event number: 17: 400M FREESTYLE MEN 11+						Heat:3, starttime: 16:15		
Heat: 3/10 Lane : 1 Athlete: BOONEN KAREL						Q-time: 05:16:42		
PB (50m pool): 05:16.42 Antwerpen 20/07/2025						PB (25m pool): 05:09.13 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:34.25	01:12.73	01:53.46	02:34.11	03:15.34	03:56.03	04:36.87	05:16.42
	00:34.25	00:38.48	00:40.73	00:40.65	00:41.23	00:40.69	00:40.84	00:39.55
								

Coach feedback: